

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

Minutes of the last meeting

11 January 2017

Tŷ Hywel, National Assembly for Wales

IN ATTENDANCE:	
Bethan Jenkins AM (Chair)	South Wales West / Plaid Cymru
Dai Lloyd AM	South Wales West / Plaid Cymru
Lewis Cole (secretary)	Gofal
Siobhan Conway	RCPsych in Wales
Gill Davies	T4 EDOS CAMHS
Julie Davies	Mental Health Matters Wales
Robin Glaze	ED Specialist, Betsi Cadwaladr UHB
Andy Hayes	MH Service, Aneurin Bevan UHB
Ewan Hilton	Gofal
Menna Jones	T3 ED Team Clinical Lead Cardiff and Vale/Cwm Taf UHB
Llinos Kerens	Parent
Helen Missen	Carer
Sophie Missen	Service user
Kim Palmer	T4 EDOS CAMHS
Don Ribeiro	Carer
Janet Ribiero	Carer
Naomi Swift	T2 Lead Clinician Cwm Taf HB
Jacinta Tan	Swansea University / Abertawe Bro Morgannwg UHB
Manel Tippett	RCPsych in Wales
Caroline Winstone	Wales CAMHS/ED Network

CPGED/NAW5/01 - Welcome and apologies	Actions
<p>Bethan Jenkins welcomed attendees to the first meeting of the Cross Party Group on Eating Disorders of the Assembly term. Annual report and financial statements of the group up to and including the last meeting can be found here.</p> <p>RECEIVED: Apologies from absent members</p>	

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<ul style="list-style-type: none"> • Martin Ball • Jessica Chappell • James Downs • Emma-Jayne Hagerty • Manon Lewis • Michaela Moore • Carolyn Sansom 	
CPGED/NAW5/02 - Additional budget secured for Eating Disorders services	Actions
<p>BJ updated the group on the additional monies secured in the budget, which includes an extra £1million for eating disorders and gender identity clinics study, and asked for a discussion from the group on where this money would be best spent in eating disorders services. The points discussed included:</p> <ul style="list-style-type: none"> • The need for spending on the transition from children to adult eating disorders services, in order to: <ul style="list-style-type: none"> ○ Improve continuity ○ Provide a greater opportunity for services to work together ○ Avoid the stall in treating patients approaching 18 <p>The group recognised that 16-25 is a crucial age in treating someone with an eating disorder, and that all young people are different, meaning that the different approaches of CAMHS and adult mental health services might work better for individuals. There is a need to unify the model of care and bridge the gap from children into adult services rather than discharging.</p> <p>Points made clear that this budget was not enough to provide a new service specifically for transitions but would be used to improve transitions and integrations between the two.</p> <ul style="list-style-type: none"> • Investing in CAMHS to make sure the service is robust enough by ensuring what's in place is secure. Improvement in early intervention could mean that there is less need for transition. • Once the exact split of the £1million between the gender identity clinic study and eating disorders is known then this will 	

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<p>provide a greater understanding of what is realistic.</p> <p>BJ thanked the group for their contribution and asked if the discussion could continue as a phone call between group members within the next week in order to pin down our definite asks and allocation to form a letter to the Health Minister outlining these.</p>	<p>LC and EH to organise phone conversation between members at a later date</p>
<p>CPGED/NAW5/03 - Update on the Refresh of the Eating Disorders Framework for Wales</p>	<p>Actions</p>
<p>MJ provided the group with an update on the latest refresh of the Eating Disorders framework for Wales. Data, patient outcomes and a fuller review of the framework are some of the key outcomes that the refresh of the framework identified.</p> <p>The group discussed the refresh, and points raised included the lack of comprehensive review and lack of new substance within the framework. Although the refresh acknowledged that a fuller review was needed, it was suggested that, in line with the new NICE guidelines published this year, the group suggest a new framework to be produced - meaning a revision rather than a review as this will be more productive considering the time taken to carry out a refresh.</p>	<p>CPG ED members to propose a framework rewrite in the letter to the Health Minister regarding budget allocation</p>
<p>CPGED/NAW5/04 - Activities/contributions of the group on Eating Disorders Awareness Week 2017</p>	<p>Actions</p>
<p>BJ asked the group for ideas of activities and contributions that the group could organise for EDAW, and if they could talk about this further in the phone call to be organised after this meeting.</p>	<p>CPG ED members to talk about EDAW contributions</p>
<p>CPGED/NAW5/05 - Primary and secondary healthcare for eating disorders research</p>	
<p>JT updated the group on the research project into what it's like crossing the primary and secondary care interface, and will be looking to recruit participants shortly. A new Eating Disorders app will also be made available with the aim of providing a means of early information</p>	<p>EH to look into the potential of an event to launch the ED</p>

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<p>and ensuring users are able to learn about and understand eating disorders, and JT invited group members to trial the app after the meeting and to formally launch the app at a later meeting and trial this after the session.</p>	<p>app.</p>
<p>CPGED/NAW5/06 - Any other business</p>	
<p>BJ has asked about the group’s involvement with education projects on Eating Disorders, which was something that was looked into previously. Members identified current programmes and issues which include:</p> <ul style="list-style-type: none"> • Current projects involving ABUHB delivering eating disorders sessions in schools • Big Schools project in Conwy and Denbighshire • Current issues with healthy eating sessions in schools having a detrimental effect on pupils 	<p>EH to look into the current work the group has carried out on eating disorders education</p>
<p>Bethan Jenkins thanked everyone for their attendance.</p>	